

Click The Link Below:

[New Patient Questionnaire Form](#)

DRIVING DIRECTIONS

From Harrisburg

83 South to exit 14 (old exit 4)
Turn right at traffic light
Go through next set of traffic lights
We are on the left at the next intersection

From Baltimore

83 North to exit 14 (old exit 4)
Turn left at traffic light
Go through 2 sets of traffic lights
We are on the left at the next intersection

From York Hospital

Take South George Street to
Leader Heights Road and turn left at traffic light
Turn right at next intersection
We are on the corner

From Red Lion

Take 74 towards York
Turn left onto Leader Heights Road
Go through 5 sets of traffic lights
We are on the left at the next intersection

PATIENT INSTRUCTIONS FOR SKIN TESTING

Skin tests are a method of testing for allergic antibodies. A test consists of introducing a small amount of the suspected substance of allergen into the skin and noting if there is a development of a positive reaction, which consists of a red, itchy hive. The results are read 15-20 minutes after application of the allergen.

You will be tested with allergens based on your history. These allergens may include important pollens to the area, dust mites, pet dander, molds and possibly foods. Other clinically relevant testing may include

venom, latex, antibiotics and local anesthetics. Skin testing generally takes 60-90 minutes.

To prepare for skin testing you need to avoid the class of drugs called antihistamines and “antihistamine-like” compounds. These may include cold and cough medicines, sinus tablets, allergy medicines, some heartburn medicines, and even some sleeping medicines. Some of the names of these drugs are listed on the reverse side. Please review the list and stop taking when indicated. You may continue to use plain decongestants such as Sudafed, nasal steroid sprays and any asthma inhalers.

Please let us know:

1. If you are taking Beta-Blockers.
2. If you are pregnant.
3. If you have a fever.

If you have any questions about the medicines you are currently taking and their interaction with skin testing, please call.

Please find below a list of medications to stop prior to testing. Be aware that this is not a complete list, but a guideline. Call our office or ask a pharmacist before you take any over-the-counter medications.

Please allow 2 hours for the testing and time spent with the physician. **MEDICATIONS TO STOP PRIOR TO SKIN TESTING**
(717) 747-5777

Name	Days
Actifed Allergy	5
Actifed Plus	5
Alavert	5
Advil PM	5
Allegra	5
Allerest	5
Alaway eye drops	5
Amitriptyline	5
Anafranil/clomipramine	5
Antivert	5
Astelin/Astepro nasal	5
Atarax	5
Axid	5
Benadryl	5
Benylin	3
Bepreve	5
Bromfed	5
Cetirizine	5
Chlorpheniramine	5
Chlor-Trimeton	5
Cimetidine	5
Claritin	5
Claritin-D	5
Clarinx	7
Clemastine	5
Condri LA	5
Contac	5
Coricidin	8
CTM	5
Cyproheptadine	5
Dayquil	5
Deconamine	5
Dimetapp	5
Diphenhydramine	5
Doxepin	5
Drixoral	5
Dymista	5
Elavil	5

Name	Days
Hycondan	5
Fexofenadine	5
Hydroxyzine	5
Lastacaft	5
Loratidine	5
Meclizine	5
Naldecon	5
Nizatidine	5
Nolamine	5
Norpramin	5
Nortriptyline/Pamelor	5
Novafed	5
Novahistine	5
NyQuil	5
Optivar	5
Ornade	5
Pataday/Patanol	5
Patanase	5
Pazeo	5
Pediacare	5
Periactin	8
Phenergan	5
Robitussin	5
Rynatan	5
Semprex D	5
Sinarest	5
Sudafed Plus	5
Surmontil/trimipramine	5
Tavist/clemastine	5
Teldrin	5
Tofranil/imipramine	5
Triaminic	5
Trinalin	7
Tylenol PM	5
Vistaril	5
Xyzal	5
Zaditor	5
Zyrtec	5